



International Outreach Course - Lumbar Bio-Skills Lab **22 November 2026**

Orthopaedic Learning Centre, 1/F Li Ka Shing Specialist Clinics North Wing, Prince of Wales
Hospital, Sha Tin, Hong Kong, China

Educational Objectives

Upon completion of this course, participants should be able to:

- Analyze the imaging depiction of the relevant anatomy;
- Relate patient history and physical exam findings with imaging to achieve a likely diagnosis of the spinal pathology causing the patient's pain or dysfunction;
- Describe the literature support for the efficacy of the procedures;
- Identify the risks and benefits of each procedure, as well as assessment, prevention, and treatment of potential complications;
- Apply technically correct performance of the spinal procedures using safe fluoroscopic guidance with minimal tissue injury or discomfort.

Target Audience

This live activity has been designed for physicians who perform spine intervention procedures.

Program Rundown

08:00-08:15	Morning Coffee
08:15-08:25	Welcome Remarks and Expectations
08:25-08:30	Break Into Groups
08:30-09:30	(Bio-Skills Lab) Needlecraft and C-Arm Positioning
09:30-10:20	(Bio-Skills Lab / Breakout Sessions) Rotation 1
10:20-11:10	(Bio-Skills Lab / Breakout Sessions) Rotation 2
11:10-11:30	Break
11:30-12:20	(Bio-Skills Lab / Breakout Sessions) Rotation 3
12:20-13:10	(Bio-Skills Lab / Breakout Sessions) Rotation 4
13:10-14:00	Lunch
14:00-14:50	(Bio-Skills Lab / Breakout Sessions) Rotation 5
14:50-15:40	(Bio-Skills Lab / Breakout Sessions) Rotation 6



香港中文大學
矯形外科及創傷學進修培訓中心
Orthopaedic Learning Centre
The Chinese University of Hong Kong



Department of Orthopaedics & Traumatology
Prince of Wales Hospital,
Shatin, Hong Kong, CHINA

Email: olc@ort.cuhk.edu.hk
Website: www.olc-cuhk.org
Tel: (852) 3505 3314 Fax: (852) 2647 7432

中國香港
沙田威爾斯親王醫院
矯形外科及創傷學系

15:40-16:00	Break
16:00-16:50	(Bio-Skills Lab / Breakout Sessions) Rotation 7
16:50-17:40	(Bio-Skills Lab / Breakout Sessions) Rotation 8
17:40-18:00	Discussion
18:00	Adjourn for the Day

Remarks: The above program is preliminary and is subject to change without prior notice.